

DECLARATION BY THE RESEARCH SCHOLAR

I, **JOHN.H.KAMALESH (Reg.No:187)** part time Scholar of Doctor of Philosophy, in the Department of Physical Education hereby declare that the dissertation entitled **“COMBINED EFFECT OF CIRCUIT TRAINING AND RESISTANCE TRAINING ON PHYSICAL PHYSIOLOGICAL AND PERFORMANCE VARIABLES OF FOOTBALL PLAYERS”** submitted to Tamil Nadu Physical Education and Sports University for the award of Doctor of Philosophy in Physical Education is my original work and it has not previously formed the basis for the award of any degree, diploma associate ship, fellowship or any other similar titles to any candidate of any University.

Station: Chennai

(Mr. JOHN.H. KAMALESH)

Date :